



# **Sex and relationship education policy**

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## 1. Aims

The aims of sex and relationship education (SRE) at Leamington LAMP are to:

- Provide a framework in which sensitive discussions can take place
- Give students an understanding of sexual development and the importance of health and hygiene
- Help students develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach students the correct vocabulary to describe themselves and their bodies

At LAMP we teach SRE as set out in this policy.

## 2. Definition

SRE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

SRE involves a combination of sharing information, and exploring issues and values.

**SRE is not about the promotion of sexual activity.**

## 3. Delivery of SRE

SRE is taught within the personal, social, health and economic (PSHE) education curriculum. Students may also receive stand-alone sex education sessions delivered by a trained health professional.

Students will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

These skills are taught within the context of family life.

## 4. Roles and responsibilities

### 4.1 The directors

The directors are;

- accountable for the implementation of this policy.
- responsible for ensuring that SRE is taught consistently across the school
- responsible for managing requests to withdraw students from components of SRE (see section 5).

## **4.2 Staff**

Staff are responsible for:

- Delivering SRE in a sensitive way
- Modelling positive attitudes to SRE
- Monitoring progress
- Responding to the needs of individual students
- Responding appropriately to students whose parents wish them to be withdrawn from components of SRE

## **4.3 Pupils**

Students are encouraged to engage fully in SRE and, when discussing issues related to SRE, treat others with respect and sensitivity.

## **5. Parents' right to withdraw**

Parents' have the right to withdraw their children from components of SRE.

Requests for withdrawal should be put in writing and addressed to the directors. A copy of withdrawal requests will be placed in the student's educational record. The directors will discuss the request with parents and take appropriate action.

## **6. Monitoring arrangements**

The delivery of SRE is monitored by the Education Quality Manager

Students' development in SRE is monitored by teachers as part of our internal assessment systems.

This policy will be reviewed every year.